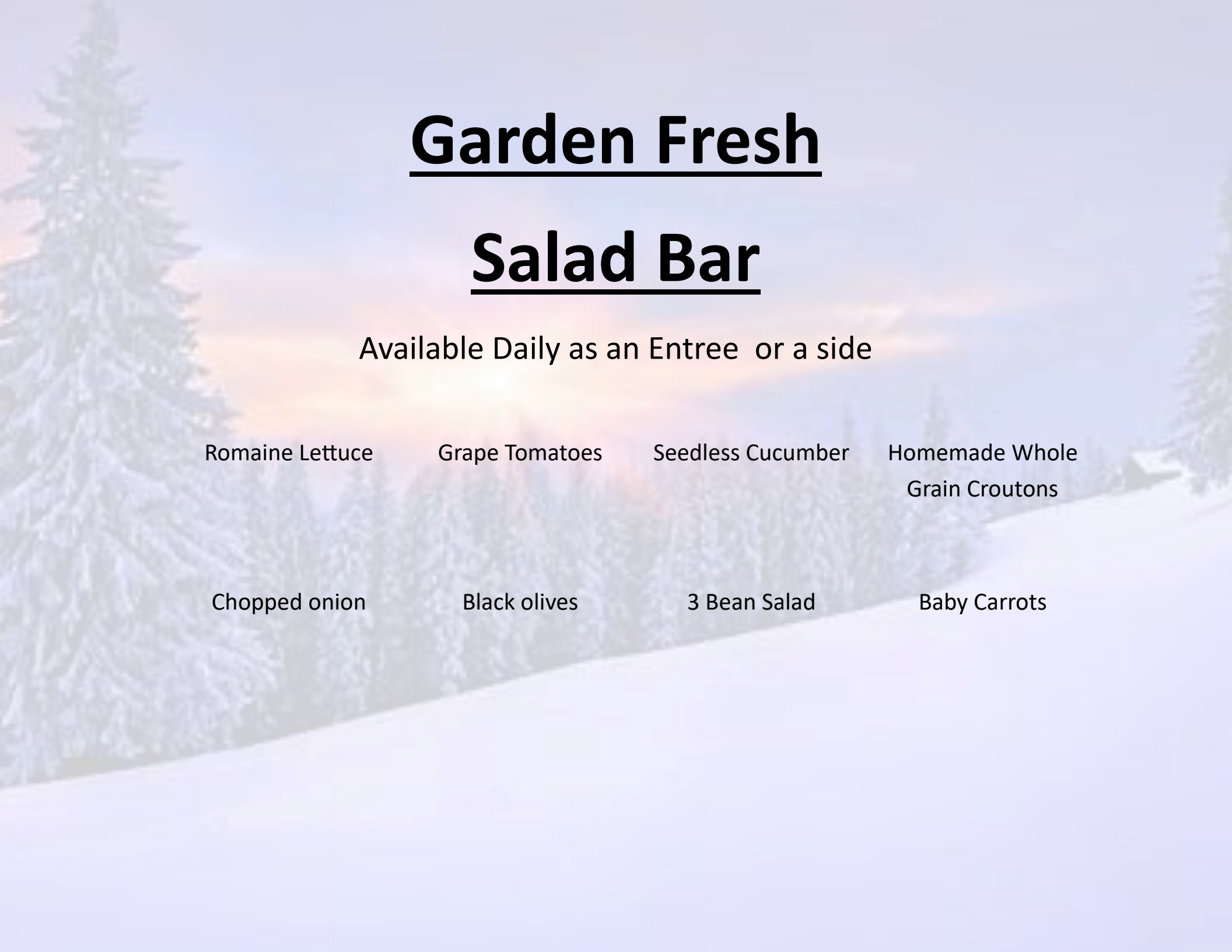


Lake George Jr-Sr High Café Lunch Menu

<u>MONDAY 2/2</u> Homemade Mac and Cheese Buffalo or Regular Broccoli	<u>TUESDAY 2/3</u> <u>Breakfast for Lunch</u> Waffles, Hash browns and Sausage links	<u>WEDNESDAY 2/4</u> <u>Laker Bowl</u> Fresh Mashed potato, Garlic chicken breast, corn, brown gravy and a WG dinner roll	<u>THURSDAY 2/5</u> Chicken and Cheese or Bean and Cheese Enchiladas Rice Pilaf and Corn	<u>FRIDAY 2/6</u> <u>Flip it up Friday</u> Assorted Homemade Pizza Or BBQ Pulled Pork Sandwich Garden Salad
<u>MONDAY 2/9</u> <u>Pasta Bar:</u> Penne with choice of marinara, meat sauce, alfredo or pesto. Broccoli	<u>TUESDAY 2/10</u> <u>Taco Tuesday</u> Hard or Soft Shell Beef Tacos with assorted toppings Refried Beans	<u>WEDNESDAY 2/11</u> Hamburger, Cheeseburger, Bacon Cheeseburger or black bean burger Baked Tots	<u>THURSDAY 2/12</u> Chicken and Biscuits with Mixed Vegetables	<u>FRIDAY 2/13</u> Assorted Homemade Pizza Garden Salad
<u>MONDAY 2/16</u> <u>February</u>	<u>TUESDAY 2/17</u> <u>Break</u>	<u>WEDNESDAY 2/18</u> <u>No</u>	<u>THURSDAY 2/19</u> <u>School</u>	<u>FRIDAY 2/20</u> <u>!!!!!!!</u>
<u>MONDAY 2/23</u> Stuffed shells Garlic bread Homemade meatballs Broccoli	<u>TUESDAY 2/24</u> Grilled Cheese Sandwich Creamy tomato Soup	<u>WEDNESDAY 2/25</u> WG Chicken Patty or Homemade black bean burger Corn	<u>THURSDAY 2/26</u> Philly Cheesesteak Chips	<u>FRIDAY 2/27</u> <u>Flip it up Friday</u> Assorted Homemade Pizza or Chicken Parm Sandwich

There is no charge for student meals at this time. Salad bar Entrees are available daily as well as a side to any hot line item. All lunches include a choice of 1% regular or fat free chocolate milk and a selection of fresh fruit. For convenient prepayment, please go to <https://linqconnect.com>. If you have a food allergy, please notify us. Allergen information for menu items is available.



Garden Fresh

Salad Bar

Available Daily as an Entree or a side

Romaine Lettuce

Grape Tomatoes

Seedless Cucumber

Homemade Whole
Grain Croutons

Chopped onion

Black olives

3 Bean Salad

Baby Carrots

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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