

Lake George Jr-Sr High Café' Lunch Menu

			<u>THURSDAY 9/4</u> WG Chicken patty or Homemade Black Bean Burger BBQ Beans	<u>FRIDAY 9/5</u> Assorted Homemade Pizza Garden Salad
<u>MONDAY 9/8</u> Homemade Mac and Cheese Buffalo or Regular Broccoli	<u>TUESDAY 9/9</u> <u>Breakfast for Lunch</u> Waffles with Fruit Sausage links Hash Browns	<u>WEDNESDAY 9/10</u> <u>Laker Bowl</u> Fresh Mashed potato, Garlic chicken breast, corn, brown gravy and a WG dinner roll	<u>THURSDAY 9/11</u> Grilled Cheese Sandwich Creamy tomato Soup	<u>FRIDAY 9/12</u> Assorted homemade Pizza or Chicken Parm Sandwich
<u>MONDAY 9/15</u> <u>Pasta Bar:</u> Penne with choice of marinara, meat sauce, alfredo or pesto. Broccoli	<u>TUESDAY 9/16</u> Chicken Caesar Salad Cheesy Breadsticks	<u>WEDNESDAY 9/17</u> <u>Burrito Bar:</u> Chicken, Pork or Veggie with assorted beans and toppings	<u>THURSDAY 9/18</u> Baked Mozzarella Sticks Pasta with Sauce Corn	<u>FRIDAY 9/19</u> Assorted Homemade Pizza Garden Salad
<u>MONDAY 9/22</u> Cheese ravioli with Marinara Broccoli	<u>TUESDAY 9/23</u> Chicken or Vegetable Stir-Fry Brown Rice	<u>WEDNESDAY 9/24</u> Hamburger, Cheeseburger, Bacon Cheeseburger or black bean burger Oven Fries	<u>THURSDAY 9/25</u> <u>Nacho Bar</u> Choice of Chicken or beef over WG tortilla chips with cheese sauce	<u>FRIDAY 9/26</u> Assorted homemade Pizza or Turkey, Bacon and ranch wrap
<u>MONDAY 9/29</u> Spaghetti and Meatballs Broccoli	<u>TUESDAY 9/30</u> Ham and cheese or Buffalo chicken Flatbread			

There is no charge for student meals at this time. Salad bar Entrees are available daily as well as a side to any hot line item. All lunches include a choice of 1% regular or fat free chocolate milk and a selection of fresh fruit. For convenient prepayment, please go to <https://linqconnect.com>



Garden Fresh

Salad Bar

Available Daily as an Entree or a side

Crisp Romaine
Lettuce

Grape Tomatoes

Seedless Cucumber

Homemade Whole
Grain Croutons

Chopped onion

Black olives

3 Bean Salad

Baby Carrots

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