

Lake George Jr-Sr High Café Lunch Menu

			<u>THURSDAY 9/7</u> Baked Mozzarella Sticks Seasoned Pasta Corn	<u>FRIDAY 9/8</u> Assorted Homemade Pizza Garden Salad
<u>MONDAY 9/11</u> Homemade Mac and Cheese Smoked Gouda or or Regular Broccoli	<u>TUESDAY 9/12</u> <u>Taco Tuesday</u> Hard or soft shell Beef Tacos Refried Beans	<u>WEDNESDAY 9/13</u> <u>LAKER BOWL</u> Fresh mashed potato, Garlic chicken breast, corn, brown gravy and a WG dinner roll.	<u>THURSDAY 9/14</u> <u>Breakfast for Lunch</u> Waffles and fruit Sausage links Hash browns	<u>FRIDAY 9/15</u> <u>Flip-it-up Friday</u> Assorted Homemade Pizza or Tomato/Mozz/Pesto Panini
<u>MONDAY 9/18</u> <u>Pasta Bar:</u> Penne with choice of marinara, meat sauce, alfredo or pesto. Broccoli	<u>TUESDAY 9/19</u> Grilled Cheese Sandwich Creamy tomato Soup	<u>WEDNESDAY 9/20</u> WG Chicken Patty or Homemade Black bean burger Corn	<u>THURSDAY 9/21</u> Toasted Ham and Cheese or Buffalo chicken on flatbread Green beans	<u>FRIDAY 9/22</u> Assorted Homemade Pizza Garden Salad
<u>MONDAY 9/25</u> Spaghetti with homemade Meatballs Broccoli	<u>TUESDAY 9/26</u> Chicken Caesar Salad Cheesy Breadsticks	<u>WEDNESDAY 9/27</u> Sweet and Sour Chicken Brown Rice Broccoli	<u>THURSDAY 9/28</u> <u>NY Thursday</u> NY State Hamburger, Cheeseburger or Homemade black bean burger Local Sweet Corn NY Potato Chips	<u>FRIDAY 9/29</u> <u>Flip-it-up Friday</u> Assorted Homemade Pizza or BBQ Pulled Pork Sandwich

There is no charge for both Free and Reduced meals at this time. All other student lunches are priced at \$2.80 Salad bar Entrees are available daily as well as a side to any hot line item. All lunches include a choice of 1% regular or fat free chocolate milk and a selection of fresh fruit. For convenient prepayment, please go to <https://linqconnect.com>



Garden Fresh

Salad Bar

Available Daily as an Entree or a side

Red Leaf Lettuce and
Baby Spinach

Grape Tomatoes

Seedless Cucumber

Homemade Whole
Grain Croutons

Chopped onion

Black olives

3 Bean Salad

Baby Carrots

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