Lake George Elementary Café Lunch Menu

			THURSDAY 9/7 Baked Mozzarella Sticks Seasoned Pasta Corn	FRIDAY 9/8 Assorted Homemade Pizza Garden Salad
MONDAY 9/11 Homemade Mac and Cheese Smoked Gouda or or Regular	TUESDAY 9/12 Taco Tuesday Hard or soft shell Beef Tacos	WEDNESDAY 9/13 LAKER BOWL Fresh mashed potato, Garlic	THURSDAY 9/14 Breakfast for Lunch Waffles and fruit	FRIDAY 9/15 Assorted Homemade Pizza
Broccoli	Refried Beans	chicken breast, corn, brown gravy and a WG dinner roll.	Sausage links Hash browns	Garden Salad
MONDAY 9/18	TUESDAY 9/19	WEDNESDAY 9/20	THURSDAY 9/21	FRIDAY 9/22
Pasta Bar: Penne with choice of marinara, meat sauce, alfredo or pesto. Broccoli	Grilled Cheese Sandwich Creamy tomato Soup	WG Chicken Patty Or Homemade Black bean burger Corn	Toasted Ham and Cheese or Buffalo chicken on flatbread Green beans	Assorted Homemade Pizza Garden Salad
MONDAY 9/25	TUESDAY 9/26	WEDNESDAY 9/27	THURSDAY 9/28	FRIDAY 9/29
Spaghetti with homemade	Chicken or Cheese	Sweet and Sour Chicken	NY Thursday	Assorted
Meatballs Broccoli	Quesadillas	Brown Rice Broccoli	NY State Hamburger, Cheeseburger or Homemade black bean burger Local Sweet Corn	Homemade Pizza Garden Salad
	Corn		NY Potato Chips	

There is no charge for both Free and Reduced meals at this time. All other student lunches are priced at \$2.80 Salad bar Entrees are available daily as well as a side to any hot line item. All lunches include a choice of 1% regular or fat free chocolate milk and a selection of fresh fruit. For convenient prepayment, please go to https://linqconnect.com

Garden Fresh Salad Bar

Available Daily as an Entree or a side

Red Leaf Lettuce and Baby Spinach

Grape Tomatoes

Seedless Cucumber

Homemade Whole
Grain Croutons

Chopped onion

Black olives

3 Bean Salad

Baby Carrots

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Office of the Assistant Secretary for Civil Rights

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Washington, D.C. 20250-9410;

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(3) email: program.intake@usda.gov.

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