Lake George Jr-Sr High Café Lunch Menu

The second			THURSDAY 5/1	FRIDAY 5/2
			Toasted ham and cheese or buffalo chicken flatbread Green Beans	Assorted Homemade Pizza Garden Salad
MONDAY 5/5	TUESDAY 5/6	WEDNESDAY 5/7	THURSDAY 5/8	FRIDAY 5/9
Cinco de Mayo	Breakfast for Lunch	Laker Bowl	BBQ Pulled Pork	Flip-It-Up Friday
Chicken or cheese Quesadillas Corn Cinnamon Churros	Pancakes, Sausage links and Hash browns	Fresh mashed potato, Garlic chicken breast, brown gravy and a WG dinner roll	Sandwich Cole Slaw	Homemade Pizza or Turkey, Bacon, Ranch wrap
MONDAY 5/12	TUESDAY 5/13	WEDNESDAY 5/14	THURSDAY 5/15	FRIDAY 5/16
Homemade Mac and Cheese Buffalo or Regular Broccoli	Grilled Cheese Sandwich Creamy tomato Soup	Hamburger, Cheeseburger, Bacon Cheeseburger or black bean burger Oven Fries	Nacho Bar Choice of Chicken or beef over WG tortilla chips with cheese sauce	Assorted Homemade Pizza Garden Salad
MONDAY 5/19	TUESDAY 5/20	WEDNESDAY 5/21	THURSDAY 5/22	FRIDAY 5/23
<u>Pasta Bar:</u> Penne with choice of marinara, meat sauce, alfredo or pesto. Broccoli	Chicken Caesar Salad Cheesy Breadsticks	Chipotle Roasted Pork Lion Mashed Potatoes Maple Glazed Carrots	Sweet and sour Chicken Brown rice Broccoli	<u>Flip-It-Up Friday</u> Homemade Pizza or Chicken Parmesan sandwich
<u>MONDAY 5/26</u>	TUESDAY 5/27	WEDNESDAY 5/28	THURSDAY 5/29	FRIDAY 5/30
Memorial Day	Burrito Bar:	WG Chicken Patty or	Baked Mozzarella sticks	Assorted
No School!	Chicken, Pork or Veggie with assorted beans and toppings	Black bean burger Oven Fries	Pasta with Marinara Corn	Homemade Pizza Garden Salad

There is no charge for student meals at this time. Salad bar entrees are available daily as well as a side to any hot line item. All lunches include a choice of 1% regular or fat free chocolate milk and a selection of fresh fruit. For convenient prepayment, please go to https://linqconnect.com. If you have a food allergy, please notify us. Allergen information for menu items is available.

Garden Fresh

Salad Bar

Available Daily as an Entree or a side

Romaine Lettuce

Grape Tomatoes

Seedless Cucumber

Homemade Whole Grain Croutons

Chopped onion

Black olives

3 Bean Salad

Baby Carrots

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(3) email: program.intake@usda.gov.
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