## Lake George Elementary Café Lunch Menu

			THURSDAY 5/1  Hot Meatball Sandwich	FRIDAY 5/2 Assorted
			Green Beans	Homemade Pizza  Garden Salad
MONDAY 5/5	TUESDAY 5/6	WEDNESDAY 5/7	THURSDAY 5/8	FRIDAY 5/9
Cinco de Mayo	Breakfast for Lunch	<u>Laker Bowl</u>	Chicken Tenders	Flip-It-Up Friday
Chicken or cheese Quesadillas  Corn  Cinnamon Churros	Pancakes, Sausage links and Hash browns	Fresh mashed potato, Garlic chicken breast, brown gravy and a WG dinner roll	Pasta Salad Green Beans	Homemade Pizza or BBQ Pulled Pork Sandwich
MONDAY 5/12	TUESDAY 5/13	WEDNESDAY 5/15	THURSDAY 5/16	FRIDAY 5/17
Homemade Mac and Cheese  Buffalo or Regular  Broccoli	Grilled Cheese Sandwich  Creamy tomato Soup	Hamburger, Cheeseburger, Bacon Cheeseburger or black bean burger Oven Fries	Nacho Bar Choice of Chicken or beef over WG tortilla chips with cheese sauce	Assorted Homemade Pizza Garden Salad
MONDAY 5/19	TUESDAY 5/20	WEDNESDAY 5/21	THURSDAY 5/22	FRIDAY 5/23
Spaghetti and Homemade Meatballs Broccoli	WG Chicken Patty or Black bean burger Oven Fries	Sandwich Bar: Choice of Turkey, Ham or Egg Salad	All beef Hot dogs  BBQ Beans  NY Chips	Flip-It-Up Friday  Homemade Pizza or  Chicken Parmesan sandwich
MONDAY 5/26	TUESDAY 5/27	WEDNESDAY 5/28	THURSDAY 5/29	FRIDAY 5/30
Memorial Day	Taco Tuesday	Toasted ham and cheese or buffalo chicken flatbread	Baked Mozzarella sticks	Assorted
No School!	Hard or Soft shell beef tacos  Corn	Green Beans	Pasta with Marinara  Corn	Homemade Pizza  Garden Salad

There is no charge for student meals at this time. Salad bar entrees are available daily as well as a side to any hot line item. All lunches include a choice of 1% regular or fat free chocolate milk and a selection of fresh fruit. For convenient prepayment, please go to https://linqconnect.com. If you have a food allergy, please notify us. Allergen information for menu items is available.

## Garden Fresh Salad Bar

Available Daily as an Entree or a side

Romaine Lettuce

**Grape Tomatoes** 

Seedless Cucumber

Homemade Whole Grain Croutons

Chopped onion

**Black olives** 

3 Bean Salad

**Baby Carrots** 

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint\_filing\_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider